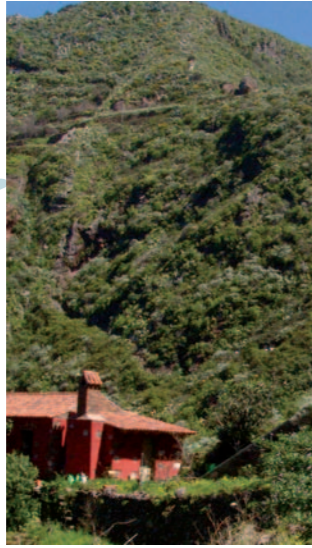


A JOURNEY BETWEEN GULLIES

The first part of this footpath covers the area between Cruz del Carmen and the village of El Batán in a journey deep into the monteverde woods. In this stretch the gully of El Rio dominates the scenery. Its name reflects the volume of water which it used to carry and you can still see the polished stones of its channel and the deep puddles that remain several months after a rainy winter. The importance of water in this gully on its way to the sea generated legal disputes in the eighteenth century among the inhabitants of El Batán and landowners of La Punta del Hidalgo for the rights to irrigate crops. Also between La Punta del Hidalgo and the city of La Laguna in the twentieth century, when the latter built channels taking water from lots of the springs.

The second stretch of the ravine, between Bejía and La Punta del Hidalgo, in contrast to the first, is called the Barranco Seco. Water used to run in it until the volcano of El Morro clogged part of its channel. The rocks from this volcano are very porous and absorb water which should flow through the ravine. It is very likely that there is a significant flow underground.



ROUTE INFORMATION:

- ✕ **Distance:** 10,9 kilometres, approximalety.
- ✕ **Duration:** 4 hours without stops, 5,5 hours with stop.
- ✕ **Gradient:** 879 m.
- ✕ **Maximum height:** 924 m. ✕ **Minimum height:** 45 m.
- ✕ **Risk level:** Low. In times of rain the stretch to El Batán can be slippery.
- ✕ **Public transport:** Line 073 de TITSA La Laguna-Cruz del Carmen. Line 105 de TITSA Punta del Hidalgo-La Laguna-Santa Cruz. Line 074 de TITSA La Laguna-El Batán.
- ✕ **Suggestions:** Use appropriate footwear. Be aware there are steep drops along the path which can be dangerous. Take a waterproof jacket, jumper, hat, food and water. If you need more supplies, you can buy them on weekends ant the Farmers market of Cruz del Carmen. You must take your litter with you until you reach an area with litterbins. Avoid unncesary noise. Inform somebody of your route. You can learn more about the route at the Visitor Center at Cruz del Carmen, and soon at the Information Point in El Batán.

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For any suggestions: anagacuenta@cabtfe.es

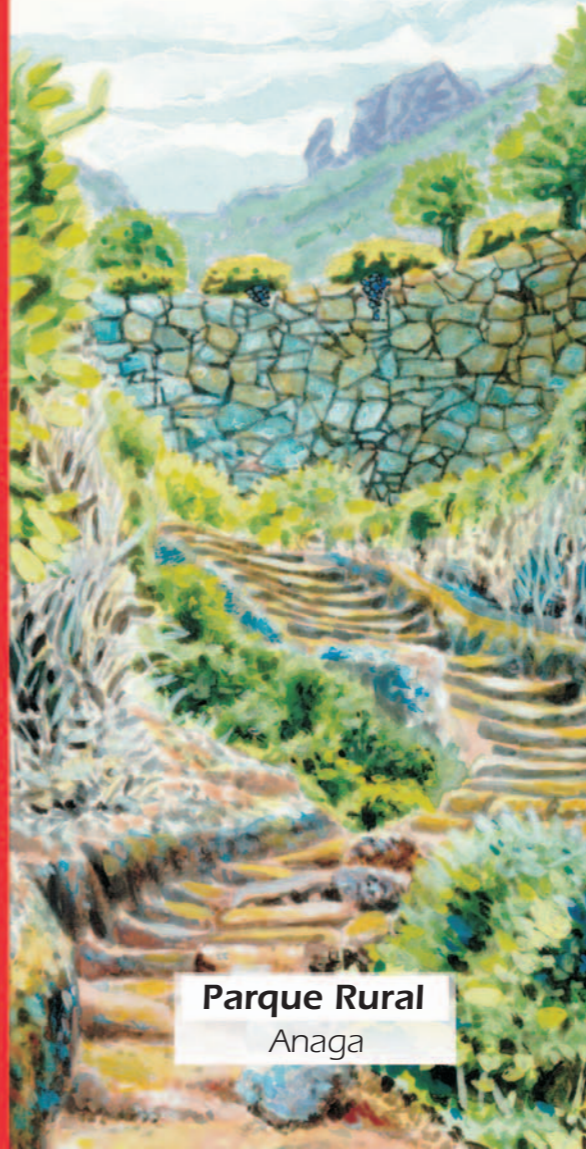
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Self Guided Route

Cruz del Carmen - Punta del Hidalgo

(through El Batán)



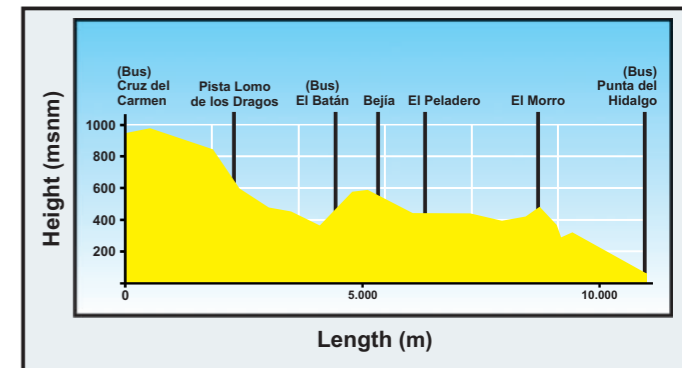
Parque Rural
Anaga

ROUTE DESCRIPTION

This route is part of the Paths Network of Tenerife. The route starts at Cruz del Carmen, to the left of "Cruz del Carmen" restaurant through a footpath going down some deep woods of monteverde until it reaches the gully of El Rio and then turns into the village of El Batán. From here in a short period of time, it reaches the hamlet of Bejía and it continues onto a steep descend in open land until it gets to the district of Homicián in La Punta del Hidalgo. In the inside plan of this leaflet you will find an outline of the route with recommended stops labelled. In every one of those stops, there is a brief history or interesting information about the place.

Through this route you can enjoy beautiful scenery, the culture and the local gastronomy as well as the kindness of the people of Anaga.

We recommend that before you start this route, you read the important information enclosed at the back of this leaflet. This way you can attempt this route with all the safety and quality guaranties due to its total distance and time.



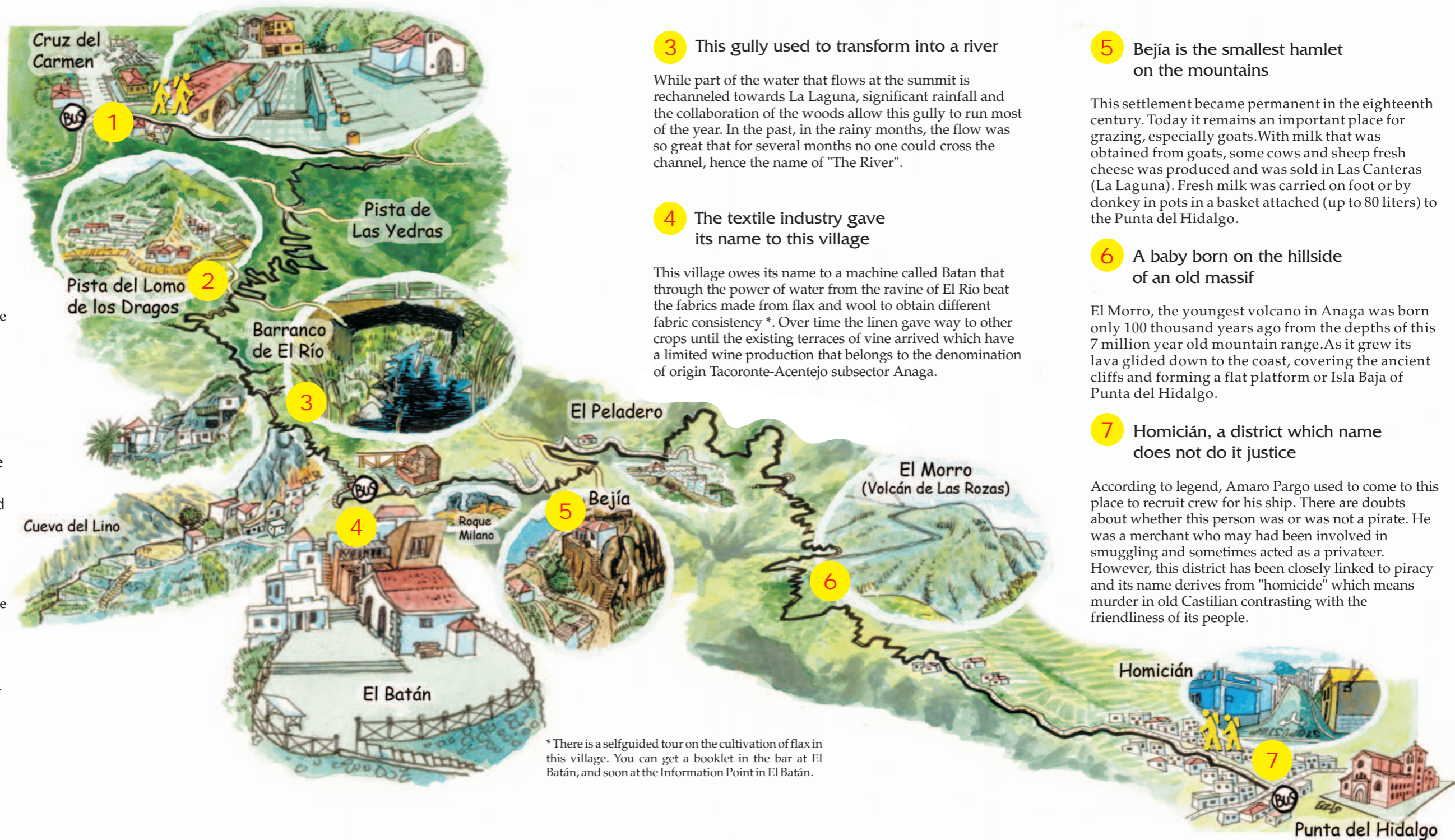
Original idea, texts and general design: © Erens Planes Integrales, S.L. - Illustrations: Gonzalo Álvarez - Graphic design: Lorenzo Gorrín - Translations: Rebeca López - Printing: Contacto Area Gráficas - Edition: Oficina de Gestión del Parque Rural de Anaga. Cabildo Insular de Tenerife

1 The heart of Anaga Rural Park beats in Cruz del Carmen

Alongside the main artery of communication in Anaga, the Visitor Center at Cruz del Carmen brings the visitor closer to the natural and cultural values of this protected area. The Market ensures a supplemental income to local people and in the garages of the Environment Agency, a fire prevention device ensures the safety of its inhabitants and the conservation of the Park. This equipment assembly is a key to the well running of the Rural Park.

2 These woods drive the water from the clouds to the heart of the land

The woods you can see located at the foot of Cruz del Carmen, squeeze the moisture of the low cloud which strikes the Anaga mountain range, also known as the "sea of clouds". This feeds nine galleries (underground water reservoirs) and several springs along the path of Yedra which supply water throughout the year.



3 This gully used to transform into a river

While part of the water that flows at the summit is rechanneled towards La Laguna, significant rainfall and the collaboration of the woods allow this gully to run most of the year. In the past, in the rainy months, the flow was so great that for several months no one could cross the channel, hence the name of "The River".

4 The textile industry gave its name to this village

This village owes its name to a machine called Batan that through the power of water from the ravine of El Río beat the fabrics made from flax and wool to obtain different fabric consistency *. Over time the linen gave way to other crops until the existing terraces of vine arrived which have a limited wine production that belongs to the denomination of origin Tacoronte-Acentejo subsector Anaga.

5 Bejía is the smallest hamlet on the mountains

This settlement became permanent in the eighteenth century. Today it remains an important place for grazing, especially goats. With milk that was obtained from goats, some cows and sheep fresh cheese was produced and was sold in Las Canteras (La Laguna). Fresh milk was carried on foot or by donkey in pots in a basket attached (up to 80 liters) to the Punta del Hidalgo.

6 A baby born on the hillside of an old massif

El Morro, the youngest volcano in Anaga was born only 100 thousand years ago from the depths of this 7 million year old mountain range. As it grew its lava glided down to the coast, covering the ancient cliffs and forming a flat platform or Isla Baja of Punta del Hidalgo.

7 Homicián, a district which name does not do it justice

According to legend, Amaro Pargo used to come to this place to recruit crew for his ship. There are doubts about whether this person was or was not a pirate. He was a merchant who may had been involved in smuggling and sometimes acted as a privateer. However, this district has been closely linked to piracy and its name derives from "homicide" which means murder in old Castilian contrasting with the friendliness of its people.

* There is a selfguided tour on the cultivation of flax in this village. You can get a booklet in the bar at El Batán, and soon at the Information Point in El Batán.