

Buena Vista del Norte



Historical background

Buena Vista, with 35Km of coastline, is the largest municipality of the Daute region. Nearly 85% of its territory is within the Teno Rural Park, a massif which, along with the Anaga massif, forms the two most important natural parks from a natural and geological point of view in the island of Tenerife.

Administrative protections

Rural Park of the Teno Massif.

Historical heritage

The Church of Nuestra Sra. de los Remedios. (18th century).
Mudejar elements (art style with Arab influences).
Religious art museum.

Natural features

Teno Massif. The hamlets of Masca and El Palmar. Monte del Agua, next to the hamlet of El Palmar. Flora: laurel forests.

Geological interest

Teno mountainous massif which together with the Anaga massif made the formation of the island of Tenerife possible about seven million years ago.



The track starts in the hamlet of Teno Alto ①, in a place known as Los Bailaderos, in the present path leading to "Las Cuevas" (caves) and passing south of El Vallado Mountain.

In this first part of the track one cannot but admire the popular architecture, as well as old tile-ovens and "tagoros" (old meeting point of the indigenous peoples).

Once in Las Cuevas, you keep going down to Las Casas through a most irregular terrain, where at times you may still see the original cobblestones. Las Casas lies at the foot of the slopes of Barranco de Las Casas, at the beginning of the Teno



peninsula. There are interesting remains of the Canarian traditional architecture.

From this point you go straight to Punta de Teno ②, on the extreme north-west of the island, in the middle of the Natural Park of Teno and where you get dramatic views of the peninsula, coast and the lighthouse of Teno.



Tenerife

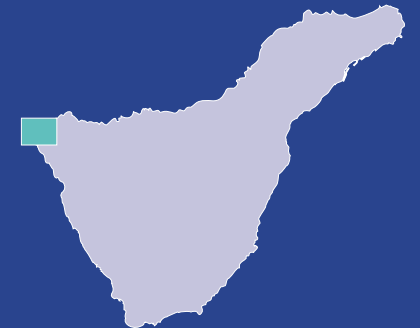
Footpaths

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Teno Alto
Teno Bajo

Remember, you walk under your own responsibility.



Useful telephone numbers

Town Tourist Information Centre	922 860 348
Buena Vista Local Police	922 127 175
Red Cross	922 281 800
City/Highway Police	922 840 255
TITSA (Bus company)	922 531 300

See the Tenerife website



Teno Alto / Teno Bajo

Location: Borough of Buenavista del Norte
Starting point: Los Bailaderos (Teno Alto) **1**
Arrival point: Punta de Teno **2**
Distance: 4,2 Km. approx.
Time: 2 h.
Difficulty: Medium
Access: TITSA bus routes



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|--|--------------------------|--|----------------|
| | CAVE | | TOWNHALL |
| | VIEW POINT | | HEALTH CENTRE |
| | BEACH | | BUS STOP |
| | RECREATION AREA | | PETROL STATION |
| | SHELTER | | INFORMATION |
| | LIGHTHOUSE | | WATER |
| | CRAFTWORK | | RESTAURANT |
| | TRADITIONAL ARCHITECTURE | | TAXIS |
| | CHURCH | | TELEPHONE |
| | HISTORIC CENTRE | | |

